



August 2022 Family Resource Center
37 Main Street, Taunton, MA (P) 774-501-2633

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Parenting Journey II 5:30pm – 7:30pm	2. Resume Writing & Cover Letter Preparation Workshop 3pm – 5pm	3. Grief Support Group 5pm – 6:30pm	4. Parenting Journey I 5:30pm – 7:30pm	5. Summertime Paint Night 5pm – 7pm	6. Arts & Crafts Day 12pm – 2pm
8. Parenting Journey II 5:30pm – 7:30pm	9. Nurturing Fathers 5:30pm – 7:30pm	10. Grandparents Raising Grandchildren 11am – 12:30pm	11. Parenting Journey I 5:30pm – 7:30pm	12. FRC Movie Night 5pm – 7pm	13. Closed
15. Parenting Journey II 5:30pm – 7:30pm	16. Nurturing Fathers 5:30pm – 7:30pm	17. Pop-Up Pantry Day *call by 8/16/22 to schedule a pick-up time*	18. Parenting Journey I 5:30pm – 7:30pm	19. Back to School Fun & Resource Night 5:30pm – 7:30pm	20. Sisters Support Success & FRC's Back to School Backpack & Clothing Drive 10am – 1pm
22. Parenting Journey II 5:30pm – 7:30pm	23. Nurturing Fathers 5:30pm – 7:30pm	24. Grandparents Raising Grandchildren 11am – 12:30pm Job Interviewing 101 Workshop 3pm – 5pm	25. Parenting Journey I 5:30pm – 7:30pm	26. The Mayor's Summer Celebration at Hopewell Park 5pm – 9pm	27. Closed
29. Parenting Journey II 5:30pm – 7:30pm	30. Nurturing Fathers 5:30pm – 7:30pm	31. Taunton Opiate Task Force Overdose Awareness Day 5pm – 7pm Family & Community Advisory Board (Virtual) 6pm – 7pm	Please see key on the back for group/event information and how to register. All groups are in-person unless noted otherwise.		<i>*Effective July 1st, 2022, masks are now optional for use in the Taunton/Attleboro Family Resource Center. Families who feel more comfortable wearing masks can continue to do so.*</i>

Hours of Operation: Monday through Friday: 9am-5pm, Saturday: appointment or event only (Saturday 7/16 and 7/30)

[Find us on Facebook at www.facebook.com/FRCTaunton](https://www.facebook.com/FRCTaunton)

Parenting Journey II (In-Person): Designed for those looking to further enhance key learnings from Parenting Journey I, this program provides an opportunity for parents and caregivers to build upon their current reality to create a positive and productive future for the entire family. This curriculum focuses on identifying and breaking free of negative behaviors, goal-setting – personal and as a family – and making plans for their family's future. To participate, contact Anne [aferioli@oldcolonyymca.org](mailto: aferioli@oldcolonyymca.org)

Resume Writing & Cover Letter Workshop (In-Person): Teenagers and adults welcome. Learn tips and tricks to stand out to employers on paper. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto: jbibeau@oldcolonyymca.org)

Navigating Grief and Loss Support Group (In-Person): Ages 21+. A monthly support group to provide adults with strategies and coping mechanisms when faced with tragedy and unexpected loss. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto: jbibeau@oldcolonyymca.org)

Parenting Journey I (In-Person): This 12-session, introductory curriculum is designed to help parents increase their self-care practices, raise awareness of past and present factors that influence their parenting styles, enhance their parenting skills, and utilize their strengths to support their children and to build nurturing family relationships. The Parenting Journey program model focuses on adult development and the emotional understanding of what it means to be a parent, thus filling a void created by traditional parenting classes. To participate, contact Anne [aferioli@oldcolonyymca.org](mailto: aferioli@oldcolonyymca.org)

Summertime Paint Night (In-Person): All ages. All supplies will be provided to paint a seasonal masterpiece! To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto: jbibeau@oldcolonyymca.org)

Arts & Crafts Day (In-Person): All ages. All supplies will be provided for children and parents to work together and make stunning creations. Crayons, paint, markers, whatever! Get creative and messy with the whole family. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto: jbibeau@oldcolonyymca.org)

Nurturing Fathers Program (In-Person): Fathers only. A 13-week parenting course that brings together men from all family circumstances to explore what it takes to be their child's nurturer and teacher. To register, contact Jeff [jbibeau@oldcolonyymca.org](mailto: jbibeau@oldcolonyymca.org)

Grandparents Raising Grandchildren (In-Person): Grandparents raising grandchildren only. A general support group for Grandparents to come together to learn about resources and make social connections. To participate, contact Anne [aferioli@oldcolonyymca.org](mailto: aferioli@oldcolonyymca.org)

FRC Family Movie Night (In-Person): All ages welcome. We will be watching *Where the Wild Things Are*. Pizza and refreshments will be served. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto: jbibeau@oldcolonyymca.org)

Pop-Up Food Pantry (In-Person): Meal care packages will be available for pick-up monthly at the FRC. To schedule a pick-up time in-person, contact Jeff [jbibeau@oldcolonyymca.org](mailto: jbibeau@oldcolonyymca.org) by 8/16/22.

Back to School Fun & Resource Night (In-Person): Meet with our School Liaison to discuss how you and your family can best prepare for the upcoming school year. To participate, contact Anne: [aferioli@oldcolonyymca.org](mailto: aferioli@oldcolonyymca.org)

Back to School Backpack & Clothing Drive (In-Person): Join us at the FRC, in partnership with *Sisters Support Success*, to stock up on basic back-to-school supplies. To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto: jbibeau@oldcolonyymca.org)

Job Interview Skills 101 (In-Person): Teenagers and adults welcome. You've submitted your resume and you received a call back – now it's time to prep for the big interview! To participate, contact Jeff [jbibeau@oldcolonyymca.org](mailto: jbibeau@oldcolonyymca.org)

The Mayor's Summer Celebration at Hopewell Park (In-Person): Come see the FRC team at the Summer Celebration! Lots of different family activities, music and fireworks. Free parking/shuttle service to Hopewell: Court St. & Pleasant St. Municipal Lots. *No registration required*

Taunton Opiate Task Force Overdose Awareness Day at Liberty & Union Park (In-Person): Join us at Liberty & Union Park spread awareness about overdoses and end stigma. Learn about resources and come together as a community. *No registration required*

Family & Community Advisory Board (Virtual): Join the FRC and Taunton YMCA teams as we launch Y-Ability! Have your voice heard to implement inclusive programs at the FRC and Taunton YMCA. To participate, contact Erin [ekelleygreen@oldcolonyymca.org](mailto: ekelleygreen@oldcolonyymca.org)

Want to learn more
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